

RACHEL IS

Directed by Charlotte Glynn

LIGHTS! CAMERA! ACTION STEPS!

34th cleveland international film festival

march 18–28, 2010 tower city cinemas let's go.

We believe that films like the one you just saw can change the world. At the CIFF, we present these films and the accompanying FilmForums to provoke thought, inspire dialogue, and spark ideas. Now we're taking it one step further by encouraging you to take action steps to address the issues you've learned about today. Get involved! Make change happen!

Generous support for Lights! Camera! Action Steps! is provided by Chuck and Char Fowler.

Speak Up

- Talk to five people about the film you saw today.
- Start a conversation at the dinner table about your first experience with moving into a new home or making a big change in your life. What did your support system look like?
- Share your personal story—publish a story; blog about it; make art; talk to a friend, a class or a community group.
- Write a letter to the editor regarding an issue that you are passionate about. Go to www.nancyschwartz.com/letters_to_the_editor.html for tips on writing your letter and send it to the local daily papers, such as forum@plaind.com and vop@thebeaconjournal.com.

Get Involved

- Join the online community of The Arc of the United States, the world's largest community-based organization of and for people with intellectual disabilities. To participate in discussion groups and locate resources, go to www.thearc.org and click on the Online Community tab.
- Take action and support H.R. 868 – The Direct Support Professionals Fairness and Security Act – by joining the National Advocacy (NAC) Taskforce. Go to www.youneedtoknowme.org and click on the Get Involved tab.
- Enroll your family member in Art Makers, offered at the Beck Center for Arts in Lakewood and presented in cooperation with the VSA Arts of Ohio, Cleveland area. Sessions provide opportunities for adults (18+) with special needs to take a class with a local visual artist. For more information, contact Tara at 216.521.2530, ext. 34. Or visit www.beckcenter.org and click on Classes and Programs. And for a variety of arts programs, contact The VSA Arts of Cleveland, Ohio at 216.344.1761.
- Attend a People First Group meeting held the third Monday of each month, March – December. For more information, visit The Arc of Greater Cleveland and click on the About Us – People First tab or visit www.thearcofgreatercleveland.org.



clevelandfilm.org

more on back



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. . . continued from other side

Stay Informed

- For future screenings and more information about the film, visit www.rachelis.com. Click on the Facebook link to be part of the Rachel Is community.
- To learn more about Rachel's mom, Jane Bernstein, and her books "Rachel in the World" and "Loving Rachel", visit her site at www.janebernstein.net. You can also sign up for her mailing list to receive current news about upcoming events and talks.
- Consider joining The Arc of Greater Cleveland's presentation of Partners in Policy Making Leadership Training Program, designed for individuals with disabilities and parents of children with disabilities (ages birth – 12). Participants will be trained in self-advocacy and self-determination. For more information, go to www.thearcofgreatercleveland.org, and click on the Education tab.
- For a complete and comprehensive listing of disability and disability-related resources, visit www.thearc.org. And click on the Resources – Public Policy tab to sign up for Action Alerts for current and future federal policies. To find out about resources and support in the Greater Cleveland area, visit The Arc of Greater Cleveland at www.thearcofgreatercleveland.org.
- For a listing of resources and support in the State of Ohio, go to www.dodd.ohio.gov. In Cuyahoga County, visit www.cuyahogabdd.org. For residential information, click on the Services and Support tab.
- For an additional comprehensive list of services and support in the Cuyahoga County area, visit www.211cleveland.org and click on the category of choice.
- For services dedicated to persons with disabilities living in rural areas, visit the national site www.april-rural.org.

Make a Donation

- To support the work of the National Advocacy Task Force and its efforts to bring a voice to Direct Support Professionals, go to www.youneedtoknowme.org and click on the Get Involved tab.
- Support the work of The Arc of the United States and consider a tax-deductible donation of a vehicle. For more information, call 1.877.ARC.CARO. Or join by visiting www.thearc.org and click on the Join tab.
- To support the local chapter, The Arc of Greater Cleveland for their continued public awareness and advocacy efforts, go to www.thearcofgreatercleveland.org and click on the Donate tab.

LET THE CIFF KNOW ABOUT THE ACTION STEPS YOU TAKE. Email us at action@clevelandfilm.org.

